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# Anytime Coach

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Your Ultimate MP3 Jukebox

## User's Manual

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# Glossary

From here in the following terms mean as explained

**Device** – Device means ‘Anytime Coach’

**Voice Lesson** – An MP3 audio stream that would be recorded voice instead of a song. This voice lesson could be recorded for teaching or directing the user to do a specific task while exercising, while use at a gymnasium. Alternatively, it could also contain a description of any artifact when in use at a museum. It can be anything as desired by user.

**CD Quality** – The CD quality is a standard established as 128 Kbps at 44,100 KHz.

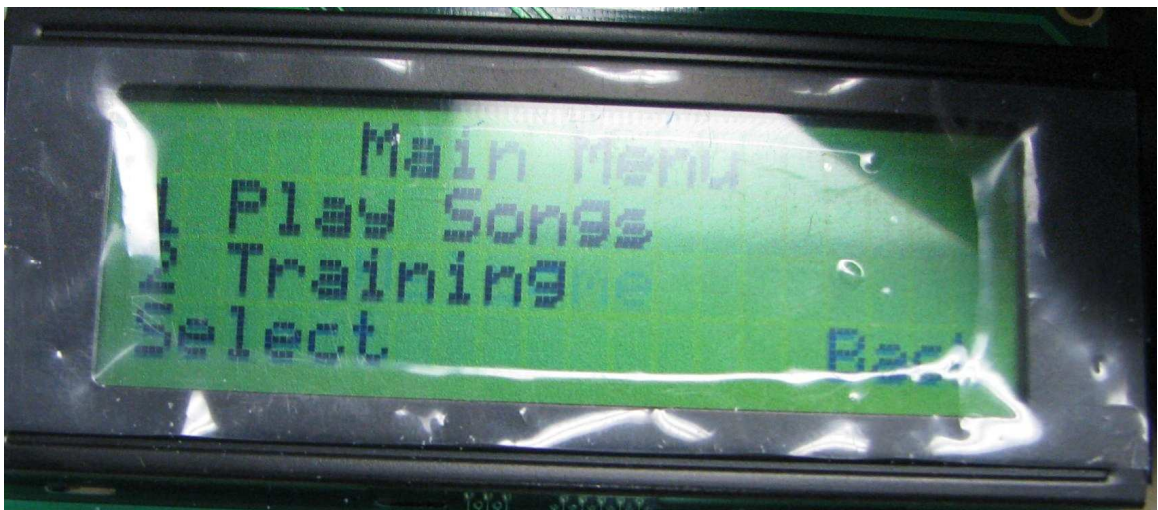
**Training Mode** – Voice-over mode of the device where it plays two track simultaneously.

# 1 Getting Started

1. Put in the battery compartment 4 AA batteries with polarity as shown.
2. Make sure your SD card is in the SD Card slot.
3. Press the power button and you should see the welcome screen.



4. After a while you would see the main menu.



5. Use the buttons to navigate through the menus
6. Use UP and DOWN buttons for scrolling through the menu.

7. Use SELECT and BACK for changing the menus
8. The current location of cursor shows which option you are currently at.

## 2 Play Menu



1. When you select this option you get the list of your songs.
2. Scroll through the list the song you want to play and hit select again.
3. Your song should start playing.
4. While a song is playing, if you hit select again then you will be provided with the option of STOP, or RAISE & LOWER VOLUME and select the desired choice.
5. Hit back to go back to previous menu

## 3 Training Menu

1. When you select this option the RFID gets activated. If RFID doesn't read any tag it displays 'NO RFID DETECTED' and returns to the previous menu. On detecting an



RFID tag it automatically starts communicating with the local server and begins communicating with the server to get the device info.

2. Select the session you want to begin.
3. The device then automatically starts downloading the file from the server and saves it to the SD Card.



4. After completing download it begins playing the first session.



5. After the first session you will need to press SELECT button to play the next track.
6. While a track is playing, if you hit select again then you will be provided with the option of STOP, or RAISE & LOWER VOLUME and select the desired choice.
7. Hit back to go back to previous menu

# 4 Settings

When you select this option you will have the following options.

1. User ID



Selecting this option lets you know your device ID. This would be required for you to effectively use the training mode.

2. Replay

This option keeps the songs playing forever

3. Auto Mode

4. This option automatically switches to the next session track instead requesting user to hit keys

# 5 Appendix

## Device Specifications

Specification	Value	Unit
Voltage Supply (4 AA Batteries)	6.0	V
Max Current Rating	200	mA
Max Output Impedance – Headphone Jack	30	$\Omega$
MP3 Quality	128	Kbps
MPEG Layers	I, II and III	
Network Requirement	IEEE 802.11b	
RFID Range	2-6	Inches
Wi-Fi Range	100	ft.
Estimated Battery Life	4.5	Hrs.